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- ❖ **India & United Kingdom**
- ❖ **China-Russia-Pakistan Nexus & the Ukraine War**
- ❖ **WTO & MSP Revamping in India**
- ❖ **Agricultural Growth & Economic Growth in India**
- ❖ **NEP & Marginalized Communities**
- ❖ **Environmental, Social, and Governance (ESG) Investing**



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Third Concept aims at providing a platform where a meaningful exchange of ideas can take place among the people of the Third World. The attempt will be to communicate, debate and disseminate information, ideas and alternatives for the resolution of the common problems facing humankind. We welcome contributions from academics, journalists and even from those who may never have published anything before. The only requirement is a concern for and desire to understand and take the issue of our time. Contributions may be descriptive, analytical or theoretical. They may be in the form of original articles, reactions to previous contributions, or even a comment on a prevailing situation. All contributions, neatly typed in double space, may be addressed to:

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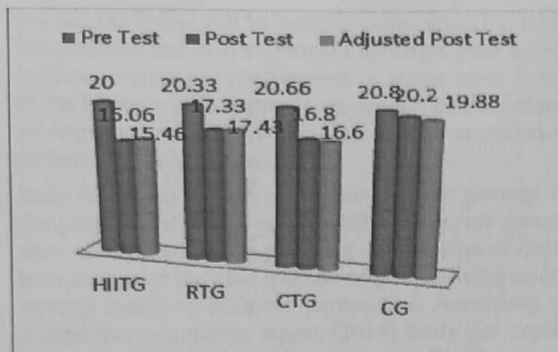


Fig.2: Mean Values on Agility

Discussion of Findings

There was significant improvement on selected variables such as speed and agility of inter collegiate basketball players due to 12 weeks of High-Intensity Interval Training, Resistance Training and Combined Training. The improvement of speed and agility were better by Combined Training than the High-Intensity Interval Training and Resistance Training. The improvement may be due to the nature of the trainings. The findings of the study are in conformity agreement with the findings of (Monks, 2017, Laursen, 2002 and Fernandez, 2017).

Conclusion

The study showed that all the experimental groups namely, high high-intensity interval training, resistance training and combined training had significantly improved in selected variables such as speed and agility. Further the study showed that the combined training group was better than the high intensity interval training and resistance training. The control group did not shown any improvement.

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Urban Poor Women and Microfinance: A Comparative Study of Participants and Non-Participants in the City of Guwahati

Durba Dutta* Alakesh Kalita** & Chiranjeeb Biswas***

[Urban poverty is present from Pre-independence period. Poverty has been defined by many expert committees after our independence also. As a result of rapid Urbanization in the world and in our country India Urban poverty has also emerged as a challenge for policymakers and the government. Microfinance is a tool for poverty alleviation that focuses mainly in rural areas but is also working in urban areas in many parts of India. This paper focuses on the income generation by women participants of microfinance and compares it to the income level of non-participants having similar socio-economic status in the city of Guwahati. For this study primary data has been collected from two major microfinance institutions and data has been analyzed using statistical tools such as paired & unpaired t tests, Shapiro-Wilk test, Levene test etc. For display of data figures and tables were also used.]

Urbanization is a worldwide used word that stands for demographic shift from rural to urban areas. Most of the developing countries are facing urbanization and as a result the proportion of urban

population compared to rural population is increasing rapidly. As both man and women are migrating to urban areas in search of better employment opportunities as well as better standard of living it adds to the total number of poor individuals living in urban areas.

Although, it is the perception of the migrated people that employment opportunities as well as overall

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